



AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

November 11, 2023 • Debasish Roychoudhury, M.D., Editor

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Contact Information

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President

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American Association of Cardiologists of Indian Origin (AACIO) International Society of Cardiovascular Ultrasound (ISCU)

TO PRESENT

SCIENTIFIC EDUCATIONAL MEETING

Saturday, November 11, 2023

5:30 p.m. – 10:00 p.m. EST

HAMPTON INN PHILADELPHIA CENTER CITY-CONVENTION CENTER

1301 Race Street, Philadelphia, PA 19107

Room: Grand (Main) Ballroom

Phone: 215-665-9100

5:30 – 6:00 pm Registration and Appetizers

Symposium Directors: Drs. Vishal Gupta, Rakesh Sharma, Debasish Roychoudhury, Harvinder Dod, Jagadeesh Kalavakunta, Hanumanth Reddy, Kul Aggarwal and Navin C. Nanda

6:00 – 6:50 p.m. Understanding Amyloid Transthyretin (ATTR) Amyloidosis.
John Venditto, MD

6:50 – 7:00 p.m. Discussion and questions from the audience

7:00 – 7:15 p.m. Presentation: 2023 Lipid Association of India update on cardiovascular risk assessment for guiding lipid management in Indian subjects: Consensus Statement IV. What is new? Raman Puri, MD, DM

7:15 - 7:20 p.m. Take home messages from Dr. Raman Puri's presentation. Vinod M. Vijan, MD, DM

7:20 - 7:25 p.m. Discussion and questions from the audience

7:25 - 7:30 p.m. Recent advances in cardiac arrest research in India.
Vemuri Murthy MD

7.30 - 8:00 p.m. AACIO Honorees and Young Investigator Awards,
Acknowledgements: Drs. Vishal Gupta and Navin C. Nanda

8:00 – 10:00 p.m. Dinner Indian Cuisine: Catered by Nalan Indian Cuisine,
889 E. Lancaster Avenue, Downingtown, PA

Pre-Diwali Dinner Entertainment:

**Musical Extravaganza by Ajay Warriar, Famous Indian
Playback Singer**

10:00 p.m. Closure

Reservations: E-mail: aacio123@gmail.com

FACULTY

Kul B Aggarwal, MD, MRCP (UK), Professor of Clinical Medicine, University of Missouri, Columbia, Missouri

Harvinder Dod, MD, Adjunct Professor, University of Arkansas Medical Sciences, Little Rock, Arkansas and Director of South Arkansas Cardiology, El Dorado, Arkansas

Vishal Gupta MD, MPH, FACC, FSCAI, Clinical Professor, Western Michigan University Homer Stryker M.D. School of Medicine, Co-Chairman, Ascension Borgess Heart Institute, Medical Director, Borgess Cardiovascular Lab, Associate Director, Interventional Fellowship Program, Ascension | Borgess Medical Center, Kalamazoo, Michigan

Jagadeesh Kalavakunta, MD, FACC, FSCAI, Clinical Associate Professor, Michigan State University and Western Michigan University Homer Stryker M.D. School of Medicine and Interventional Cardiologist, Ascension Borgess Medical Center, Kalamazoo, Michigan

Vemuri S Murthy, MD, MS, FAHA, FICS, Associate Professor (Adjunct), Department of Emergency Medicine, University of Illinois College of Medicine, Chicago, Illinois

Navin C. Nanda, MD, DSc (Hon), DSc (Med) (Hon), FACC, FAHA, FASE, FISCU (D), Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama. President, International Society of Cardiovascular Ultrasound

Raman Puri MD, DM, President, Lipid Association of India, Senior Interventional Cardiologist, Indraprastha Apollo Hospital, Delhi, India

Hanumanth Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Debasish Roychoudhury, MD, Clinical Associate Professor of Medicine, Weill Cornell Medicine and Attending Cardiologist. NYP Queens, New York

Rakesh Sharma, MD, Interventional Cardiologist, BayCare Medical Group, Clearwater, Florida

John Venditto MD, MBA, FACC, Senior Medical Director, AstraZeneca, Wilmington, Delaware

Vinod M.Vijan DM,MD, CEO Vijan Hospital, Nashik, Maharashtra, India and Uniqare Hospital, Pune, Maharashtra, India

SAVE THE DATE

AACIO SCIENTIFIC EDUCATIONAL MEETING

Saturday, April 6, 2024

**Evening Dinner Meeting
Time and Hotel to be announced**

President's Column



Dear Friends and Colleagues

Greetings to all members of AACIO! As we draw closer to the AHA 2023, I am thrilled to extend a warm welcome to each one of you for our traditional Fall 2023 AACIO Dinner meeting. The vibrant city of Philadelphia is set to host our esteemed gathering this year, and what an exciting time it promises to be!

Looking back, our previous dinner meeting that coincided with the ACC at New Orleans was an overwhelming success. We are deeply humbled by your consistent support, which has been the bedrock of our growing strength as an organization.

The upcoming AACIO event is something I personally look forward to. We have lined up a series of scientific presentations, coupled with original research discussions led by our talented young investigator award winners. I have no doubt that this meeting will be an enlightening experience for all attendees.

I want to extend my heartfelt gratitude to our industry sponsors. Their unwavering support has been instrumental in making our events a success.

As we move forward, I would urge each one of you to bring more members into the AACIO fold. With over 3,500 Indian cardiologists practicing in the US, we possess a formidable voice and presence. I encourage all Indian cardiologists to register with AACIO, ensuring that we maintain a steady channel of communication. This will enable us to address pressing concerns affecting both our community and our profession. The strength and vitality of AACIO rest on its membership base. Hence, I take this moment to urge all practicing cardiologists to renew their memberships and consider becoming Life Members. Rest assured; the membership funds are channeled exclusively towards sustaining our myriad programs.

I am profoundly thankful to our Board Members for their insightful contributions. A special mention to our AACIO Vice-Presidents, who have worked tirelessly to ensure our organization functions seamlessly. Dr. Nanda, our Founder President and Chair, AACIO Board of Directors, deserves a special note of thanks for his enduring guidance. Lindy Chapman, too, has been a pillar of support with her administrative expertise.

Best regards,

Vishal Gupta, MD, MPH, FACC, FSCAI
President



NOTE FROM EDITOR, AACIO NEWSLETTER. AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to the Editor, Dr. Debasish Roychoudhury, Clinical Associate Professor of Medicine, Weill Cornell University, New York, New York.
Email: roychoudhury03@gmail.com

AACIO HONOREES



Dr. Sreeni R. Gangasani MD is a practicing Cardiologist in Lawrenceville, Georgia with board certifications in Cardiovascular disease, Echocardiography, Nuclear cardiology, Heart failure and transplantation. He is a founding partner of Cardiovascular Group based in metro Atlanta. He graduated with Gold medals from Kurnool Medical College of University of Health Sciences. He was past president of Georgia Association of Physicians of Indian Heritage (GAPI), past board of trustee and Vice Chair of American Association of Physicians of Indian origin

(AAPI), Chair of AAPI convention in Atlanta in 2019 and 2021, Chair of AAPI Global Health Summit, 2019-20 in Hyderabad, India. He was past chair of Department of Internal Medicine at Northside Gwinnett Hospital and current director of GAPI Volunteer Clinic, Secretary of ATMGUSA and BOT of GAPI. He is elected and serving as AAPI Treasurer for the year 2023-24. He is also member of Georgia Composite Medical Board and elected as Vice Chair for the year 2023-24. AACIO is proud to honor him for all his accomplishments in cardiology.



Dr. Ravi Kolli graduated from Rangaraya Medical College, Andhra University, AP, India in 1981 and emigrated to the USA in 1983. He did his Psychiatry Residency training from 1988 to 1992 at St. Francis Medical Center in Pittsburgh affiliated with University of Pittsburgh and served as the chief resident. He is a Board-Certified Psychiatrist with added qualifications in Addiction, Forensic and Geriatric Psychiatry. He has served previously as the Clinical Assistant Professor, University of Pittsburgh, and West Virginia University.

He is the immediate past President of AAPI (American Association of Physicians of Indian Origin). During his term he organized many programs addressing physician wellness, physician burn out and suicide and addressing the stigma of mental illness. He has made over 100 presentations and webinars to professional and community organizations, and took part in many panel discussions addressing diaspora mental health, transition age mental health challenges, wellness practices and power of gratitude to improve resilience and published numerous articles in various journals on the benefits of social connections, staying connected to nature and meditative practices etc. He has been volunteering at the local temple and soup kitchen off and on for past 2 decades in Pittsburgh, where he has been residing since 1988. AACIO is proud to honor Dr. Ravi Kolli for his contributions to our community.



Dr. Sudhir Parikh MD is a leading allergist and has received acclaim in the field of allergy, asthma and immunology. He is chairperson and owner of one of the largest Allergy & Immunology Groups with over 22 clinics in the New York/New Jersey areas. He is also the Chairman and Publisher of Parikh Worldwide Media Inc., the largest Indian- American publishing group in the United States. He is one of the most honored Indian Americans. Topping the honors is the 2010 Padma Shri conferred on him by the President of India. In March 2012, recognizing his philanthropic contributions, he was nominated as Knight of the Ecumenical Hospitaller

Order of St. John Knights of Malta. He is the recipient of the 2006 Pravasi Bharatiya Samman, bestowed on non-resident Indians by the Government of India. He is also a recipient of the 2005 Ellis Island Medal of Honor. In October 2013, Dr. Parikh was honored with the Mahatma Gandhi Pravasi Samman award at the House of Lords in the United Kingdom. He has received a Doctorate degree by the JNR University based in Udaipur, Rajasthan, India. He has also been felicitated by Atmiya and Marwadi Universities in Rajkot, Gujarat, for his philanthropic work and contributions to education in India. We proudly honor Dr. Sudhir Parikh for all his contributions to our community.



Dr. Atul Prakash MBBS, MD, FRCP, FACC, FHRS is Clinical Associate Professor at Rutgers's Medical School, Newark, New Jersey and Chief of Cardiology at St Mary's General Hospital. He is also Director of Electrophysiology, New Jersey Prime Health Care. He did his MBBS from Agra University, Agra, India with a gold medal and honors in several subjects. He is an expert electrophysiologist with a large number of research publications to his credit. He was the Principal Investigator of SAFARI, a multi-center study in this country and Europe for pacing and atrial fibrillation

prevention.

He has also been active in the Heart Rhythm Society and has served in many Committees. He has been invited as a speaker and chair in many conferences organized by the Heart Rhythm Society of USA and other associations. He was honored as the Humanitarian Physician of the Year by Brach and Eichler in 2018 and has been voted as "Top Doctor" by his peers in New Jersey for many years. He was elected President of the Indian Medical Society of North Jersey for a period of two years. AACIO is proud to honor Dr. Atul Prakash for his accomplishments in the field of electrophysiology.





AACIO Young Investigator Award – November 2023

DR. KRISHNA RAMASWAMY AWARD



A Loopy Course During Right Heart Catheterization

Priya Jain, MD; Niteesh Chitturu, MD; Tina Quach, BS; Ramy Shoela, MD; Chien-Jung Lin, MD

SSM Health Saint Louis University Hospital, St. Louis, Missouri

DR. MADHUKAR DESHMUKH AWARDS



Natural History of Left Ventricular Thrombus on Serial Cardiovascular Magnetic Resonance Imaging

Parag Bawaskar, MD, DM; Abel A. Hooker Mendez, MD; Pal Satyajit Singh Athwal, MBBS; Pratik S. Velangi, MD; Eugene Guo, BS; Chetan Shenoy, MBBS, MS

Cardiovascular Division, Department of Medicine, University of Minnesota Medical Center, Minneapolis, Minnesota, USA



Posttraumatic Stress Disorder is Associated with Endothelial Dysfunction in Women Living with HIV

Nishant Vatsa, MD¹; Alireza Rahbar, MD¹; Tanveer Kauser, MPH¹; Kiran Ejaz MD, MSBE, JM¹; Ariel Kirksey, BS¹; Heqiong Wang MD, MPH²; Christina Mehta, PhD²; Caitlin Moran, MD³; Kimbi Hagen EdD, MEd⁴; Ighowwerha

Oforokun MD, MSc³; Cecile Lahiri MD, MS³; Arshed A. Quyyumi, MD¹; Gretchen N. Neigh, PhD⁵; Vasiliki Michopoulos, PhD⁶

1. Division of Cardiology, Emory University, Atlanta, GA, USA
2. Department of Biostatistics, Emory University, Atlanta, GA, USA
3. Division of Infectious Diseases, Emory University, Atlanta, GA, USA
4. Department of Behavioral, Social, and Health Education Sciences, Emory University, Atlanta, GA, USA
5. Department of Anatomy and Neurobiology, Virginia Commonwealth University, Richmond, VA, USA
6. Department of Psychiatry and Behavioral Sciences, Emory University, Atlanta, GA, USA

NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS



DR. NAVIN NANDA HONORS

Dr. Navin C. Nanda honored in Bulgaria. Dr. Nanda was honored as the **Father of Echocardiography** by the Bulgarian Association of Cardiovascular Imaging during the XXVIII World Congress of Echocardiography and Allied Techniques held September 30-October 1, 2023, in Sofia, Bulgaria. He was also inducted as an Honorary Member of the Association.

Dr. Nanda also served as an Editor-in-Chief of the newly published "Advances in CLOT Treatment: A Textbook of Cardiology" which provides guidance for diagnosis, management, and treatment of thrombosis.

ISCU WORLD CONGRESSES

XXIX World Congress of Echocardiography and Cardiology will be held November 21-23, 2024, at the Park Inn Bratislava Hotel in Bratislava, Slovakia. Prof. Jan Fedacko MD, PhD of Pavol Jozef Safarik University, Kosice, Slovakia will be the Congress President and the Co-organizer will be Dominik Pella, MD from the same University.

XXX World Congress of Echocardiography and Allied Techniques will be held May 18–20, 2025 in Istanbul, Turkey. Prof. Sibel Catirli Enar, MD will serve as the President of the Congress and Prof. Ozlem Batukan Esen, MD as the Vice President. Co-organizers: Prof. Nurgul Keser and Prof. Tugba Kemalolu Öz

XXXI World Congress of Echocardiography and Allied Techniques will be held in 2026 in Abu Dhabi, United Arab Emirates. Prof. Galal Elkilany will serve as the Congress President.

Dr. Navin C. Nanda is International President for all the above World Congresses